

## **GYM MEMBERSHIP FORM**

NAME	::DATE:
•	I can confirm that I am familiar with the equipment in the Gym and have had sufficient training on the equipment to be able to use it responsibly;
•	I understand that I must not use the gym and any equipment therein unaccompanied;
	Liability Disclaimer
	for
	GYM MEMBERSHIP AND USE OF EQUIPMENT
while a	reby assume full responsibility for any and all damages, injuries, or losses that I may sustain or incur, if any, attending or participating in any exercise programme, sport or physical activity. I hereby waive all claims against resolvents Gym, its officials and employees, for any and all claims for injuries or damages that I might sustain.
certify t	stand that there is risk of injury associated with participating in any exercise programme or sports activity and I that I am in good physical condition and have no known disabilities that might otherwise be detrimental to my or well-being.
I certify	that all of the information I have provided is correct and true.
All app	licants must sign. Parents or guardians must sign if applicant is UNDER 18.
Addres	ss:
Signatu	ure: Age (if under 18):

Parent/ Guardian Signature: